



Harwell Community Primary School

The Styles,
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Dear Parents,

Our final topic is Nutrition and Healthy bodies . The driving question for our project is:

“What does a healthy and balanced lifestyle involve?”

Subject areas that will be included in our project are: Science, Art, PE, Music, Drama and speaking and listening.

The children will answer the following question: **What does a healthy and balanced lifestyle involve?**

The aim of the project is to develop an awareness and to recognise the impact of diet, exercise, drugs and lifestyle on the way the human body functions.

We will continue with our daily fitness and analyse their impact by processing and interpreting the data we have collected throughout the year.

Alongside this, we will be writing and performing our own play!

Details will be confirmed later. It is looking unlikely that we will be able to perform it in person and if that is the case, we will post it on the google classroom.

During this term Literacy and Numeracy will be linked to our Topic where appropriate. Some areas covered in Literacy script writing, persuasive texts, and re writing lyrics.

Numeracy will involve consolidation and extending areas studied before, such as fractions, percentages, calculations, shapes and measurements, along with data collection and analysis.

Mental maths and reading are very important part of our daily routine, so please continue to support your child in learning number bonds/times tables and reading regularly with your child.

Our learning in PSHE this term will focus on “Changing Me”. We will be covering: my self image (understanding that everyone is unique and special), puberty (to express how you feel when change happens), babies - conception and birth (understand and respect the change you see in yourself), boyfriends and girlfriends (understand and respect the changes they see in other people), real self and ideal self (know who to ask for help if you are worried about change) and the year ahead (looking forward to change).

Sports

Wednesday am - swimming at Harwell Pool (swimming costume and hat required)

Thursday- P.E./Games (outdoor and indoor kit required)

Daily- Healthy mind, healthy body

To avoid lost kit, please could you ensure all clothing is clearly labelled

Thank you very much for your continued support and looking forward to another exciting and productive term!

Best Wishes,

Hailey Chapman, Bryn Gibson, Oana Shorter and Jade Buck