

<b>Title:</b> Nutrition and Healthy bodies	<b>Project overview</b>  The aim of the project is to develop an awareness and to recognise the impact of diet, exercise, drugs and lifestyle on the way the human bodies function.	<b>Hook</b>	<b>Text(s)</b>  The smiling princes (Rags to riches);  Uncle Jack (Poetry);  The Phantom Tollbooth (Whole class guided reading text);	<b>Maths overview</b>  Data collection; Measurements; Averages (mode, mean and median);
Year group 6 term 6				
<b>Driving question</b>  <b>What does a healthy and balanced lifestyle involve?</b>	<b>Key Vocabulary</b>  double circulation, circulatory System, blood vessel, heart, pump, vein, capillary, artery, lungs, oxygen, carbon dioxide, gaseous exchange, respiration, exercise, pulse rate, heart, chambers, heart valves, stethoscope, blood group, muscle, skeleton, smoking.	<b>Intended outcome</b>  KS2 production TBC  (Fitness regime, a circuit for other classes and parents, healthy food and drinks)	<b>Resources</b>  Measuring tape, scales, weights, fruits and vegetables	<b>Areas of learning</b>  Science PE
How does learning build on prior understanding? Other year groups and other learning?	Content What will we learn?	Creativity How will we show our learning in different ways?	Ethos How does the project embed our values?	How will this project prepare for future learning?
Y1 Science  Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.	<b>Science</b>  <b>Observing over time</b>  <b>Pattern seeking</b>  <b>Researching</b>		Choice and consequences Making good choices every day about nutrition and exercise in order to stay healthy;  Empowering ourselves to feel actively engaged as agents of	Develop an awareness of global climate issues, including pollution, and how they can make a difference. Making good choices about their bodies and mental help and supporting others.

<p>Y2 Science</p> <p>Find out about and describe the basic needs of animals, including humans, for survival (water, food and air) Describe the importance of humans of exercise, eating the right amounts of different types of food, and hygiene.</p> <p>Y3 Science</p> <p>Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat. Identify that humans and some other animals have skeletons and muscles for support, protection and movement.</p>	<p>identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood</p> <ul style="list-style-type: none"> <li>- recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function</li> <li>- describe the ways in which nutrients and water are transported within animals, including humans</li> </ul> <p><b>P.E</b> Health and fitness (circuits) Swimming</p>		<p>change for our future, impacting on adult decision making (responsibility);</p>	
--	--	--	--	--